



CONTENTS

Sunstone Cancer Support Centers

EDITED BY ELIZABETH WHITTINGTON

Outside Tucson, Arizona, lies Sunstone Cancer Support Centers, a 14-acre self-proclaimed “oasis in the desert.” Sunstone is home to year-round retreats for patients and survivors, including The Healing Power of Forgiveness on September 13-16. The retreats range in length, from one day to one week, and age group, from teens to adults. Known for its emphasis on integrative healing, Sunstone offers acupuncture, yoga, and tai chi. Free to participants, Sunstone asks for a \$150 fee to reserve space in a program, but participants can either request a refund or donate back to the organization at the end of the program. For details, go to www.sunstonehealing.org.