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# Recommended Resources

### > AARP

888-687-2277

[www.aarp.org](http://www.aarp.org)

### > Centers for Medicare & Medicaid Services

800-633-4227

[my.medicare.gov](http://my.medicare.gov)

[www.medicare.gov](http://www.medicare.gov)

### > Patient Advocate Foundation

800-532-5274

[www.patientadvocate.org](http://www.patientadvocate.org)

### > Social Security Administration

800-772-1213

[www.ssa.gov/prescriptionhelp](http://www.ssa.gov/prescriptionhelp)

### > State Health Insurance Assistance Programs

[www.shiptalk.org](http://www.shiptalk.org)