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Treatment Snapshot

FDA-approved treatment for cancer-related fatigue include:

- > Levothroid/Levoxyl/Synthroid (levothyroxine) [for low thyroid function]
- > Aranesp (darbepoetin alfa) [for chemotherapy-related anemia]
- > Procrit (epoetin alfa) [for chemotherapy-related anemia]

Experimental agents include:

- > Ritalin (methylphenidate)
- > Provigil (modafinil)

Non-drug interventions include:

- > Exercise
- > Cognitive behavioral therapy
- > Blood transfusions [for cancer-related anemia]
- > Healthy diet
- > Prioritize activities
- > Short naps