



CONTENTS

Web Exclusive: Preventing Breast Cancer

When it comes to preventing cancer, everyone can benefit from exercise, not smoking, and eating a healthy diet high in fruits and vegetables. But for people with a predisposition for breast cancer, such as those with genetic mutations and a family history, prevention strategies may need to be more specific.

Read *CURE's* past coverage of the therapeutic options for preventing breast cancer in "[Eluding Cancer](#)."