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Web Exclusive: Questions to Ask Your Doctor

With so many options, patients need specific information from their physicians in order to make decisions that fit their goals and situation.

Jeffrey Belkora, PhD, director of Breast Care Center Decision Services at the University of California, San Francisco, hosts Guidesmith, a public interest website that “focuses on how you can use leadership, teamwork, and decision making skills and tools to guide yourself, or someone else, through high-stakes situations.”

The [prompt sheet](#) that is provided to breast cancer patients at UCSF to stimulate questions to ask the doctor is available on the site, and covers areas such as treatment options, goals of treatment, the impact of each choice, and barriers that might exist.